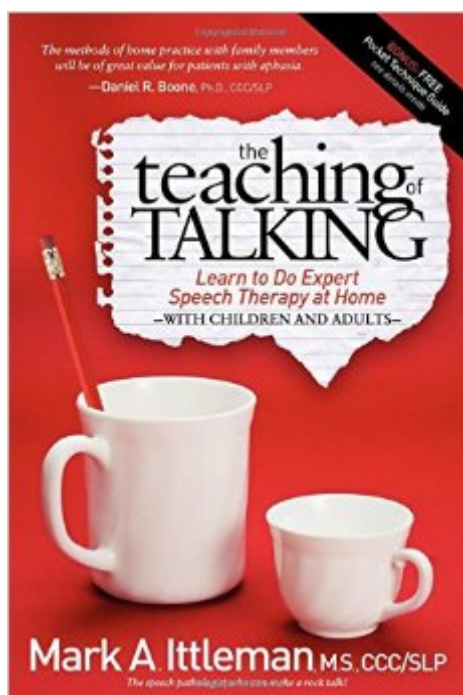


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# The Teaching Of Talking: Learn To Do Expert Speech Therapy At Home With Children And Adults



## Synopsis

People with speaking difficulties are at the mercy of insurance companies who are determining how often and for how long speech therapy services should be delivered. It is also a disturbing reality that the likelihood for therapy frequency and length of care is contingent upon either the level of competence or comfort level of the speech-language pathologist or the financial policies of each institution. Often it has nothing to do with the severity or need for speech therapy. Our health care system is in no position to bankroll the long-term therapy that many people need who have moderate to profound speaking difficulties. The goal of Teaching of Talking is to make sure that any loved one, caregiver or speech-language pathologist is thoroughly knowledgeable in methods to help people improve talking since it is never known when the plug will be pulled on speech and language therapy services. Littleman says: "I see hundreds of people with speech and language difficulties each year. By reading and applying The Teaching of Talking, you will have the confidence to help your client or loved one, no matter what the insurance company or institution does. By learning to do what is in Teaching of Talking you will be more self-sufficient and will not have to rely on anyone to provide your loved one with expert speech therapy."

## Book Information

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## Customer Reviews

If you are a caregiver of a PWA (Person With Aphasia) who has moderate to severe aphasia, this book should be extremely helpful if you want to maximize their progress. Littleman indicates if a PWA can imitate even single words and understands what you are saying, his method should be

effective. This is true even if a person also has apraxia, though profound apraxia will probably first require other methods. Although a chapter is devoted to working on mild aphasia, and it's a good chapter, the rest of the book is more appropriate for more significant aphasia issues.

What I've Gotten Out of this Book:

1. Stimulate speech whenever you are together during the day. (My own Caveat: amount and timing need to be finessed so it's enough but not too much for you both.)
2. Relax. Have fun. Use humor.
3. If your PWA is willing to work, they'll improve.
4. Be conscious of what you're stimulating for in terms of lengths of sentences.
5. Be aware of the need to slow down and enunciate slowly, especially words with more syllables.
6. Start easy. Work step by step for success at each step before making things more difficult.
7. Learn what mistakes to ignore.
8. Give your PWA positive feedback. If there are errors, rather than draw attention to them, suggest they try again.

This book is all practical. It's written so anyone should be able to understand. There is really no theory to get bogged down with. There are a lot of examples that anyone should be able to relate to. In addition, you're encouraged to work with relevant content, and especially in the beginning, words, phrases, or sentences that refer to your immediate environment.

The Teaching of Talking by Mark Ittleman, M.S., CCC, Speech Language Pathologist is the ultimate guide for caregivers, loved ones and therapists of individuals who have speaking difficulties. This book is the perfect combination of principles and therapeutic methods for improving language learning, re-learning and production. Each chapter has a very specific purpose, ranging from theory and principles, evaluation/screening, therapy techniques with detailed examples, and the author's occasional humor.

In the The Teaching of Talking, Mark Ittleman introduces his readers to a unique, practical, fun and easy method that can be used by anyone to encourage language comprehension and the ability to speak. In the book he refers to a person who has a speaking difficulty as a (PSD). I am a Speech Language Pathologist who works with individuals with speaking problems as a result of strokes, brain injury, birth defects, developmental delay, cancer, etc. I have had an opportunity to personally be mentored by Mark for over 2 years. His passion is reflected in his extensive work with patients with aphasia, apraxia, dysarthria and various voice disorders as a Speech Language Pathologist. His work as an SLP for 40 years has brought him to develop a—this extraordinary and revolutionary method to stimulate language in "real-life" activities, which promote speaking practice, using the actual act of speaking. The methods in the Teaching of Talking encourage speaking with a person who has a communication difficulty (PCD) about their interests, likes, dislikes, preferences, and anything else they would like to converse about, and is empowering.

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